

## 5 Great Productivity Hacks How to Accomplish More, Better, Faster.

"I've got 18 hours available each day. I'm not going to waste any of them.  
*If you need more than 6 hours of sleep, learn to sleep faster.*"  
--Arnold Schwarzenegger

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### The Top 5 Productivity Hacks:

1. **Everything needs a goal and a plan.**
  - a. Know your outcome in advance and build a plan.
    - i. There is no greater waste of time than working on something that is not a priority.
2. **Use The Rule of 3's.**
  - a. The human brain likes things grouped in 3's.
  - b. 3 major goals, 3 outcomes for the month, week, and today.
3. **Create systems / habits for everything possible.**
  - a. Systems are by far the best way to accomplish more, better, faster.
  - b. Once the system is optimized do it
    - i. 'The same way every time, all the time, no exceptions.'
      1. This is what makes it into a habit.
  - c. Create and use checklists.
4. **Chunking – Group similar items into blocks, then do the block.**
  - a. Ideally by system.
  - b. This is VERY efficient and helps avoid multi-tasking which is very inefficient.
5. **Compress deadlines to avoid 'time creep'.**
  - a. A task expands to consume all the time available.
  - b. Avoid this by setting tight deadlines and using a timer to keep on schedule.

### Bonus Hacks:

6. **Envision in advance how your plan will play out. Adjust as necessary.**
7. **Debrief you own productivity daily and seek ways to improve.**
8. **Use a project management tool like Trello.**

### **Summary:**

- Personal and professional productivity is the key to optimizing your business and life.
  - It improves output, quality, and sense of satisfaction.
- Highly productive companies do more, better, faster and earn significantly greater profits.

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Helping Companies to Optimize Their Systems and Build Exceptionally Profitable Businesses.  
***We Are In The Business Success Business.***  
**Contact me today** and let's discuss how we can help your company grow & make more money.  
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